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The new gold rush is here – sell yours today
1 message

The RealReal <email@e.therealreal.com>

Mon, May 12, 2025 at 11:05 AM

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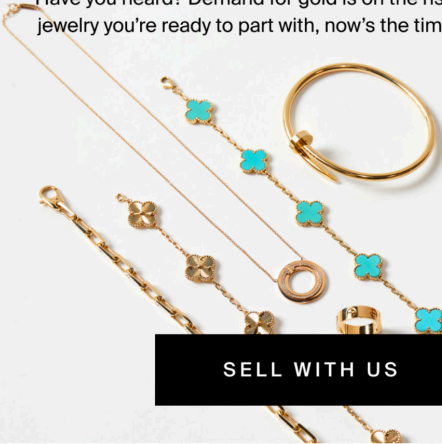
TheRealReal

SELL

THE SECRET'S OUT

Gold Is Up

Have you heard? Demand for gold is on the rise. If you have jewelry you're ready to part with, now's the time to consign.



[SELL WITH US](#)



GOLD CHAINS
Demand up 57%
since last year.



14K & 18K JEWELRY
Demand up 37%
since last year.

No Logo? No Problem

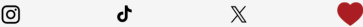
We consign jewelry of all types, from big names to small designers to unbranded vintage treasures.

[SELL WITH US](#)



REAL FRIENDS

Refer a friend & earn \$100 when they sell with us. [Want in?](#)



[SHOP NOW](#)

We are an industrial design outsourcing studio based in Argentina that connects and collaborates with businesses worldwide.



SERVICES ↓

We work in synergy with your in-house team, allowing you to increase your bandwidth, improving and enhancing your results by incorporating a fresh perspective.



WHY RUME

↓ 01

Fresh Perspective

We offer new ideas, viewpoints, and technologies that nourish the design process, allowing your company to achieve more innovative, higher-quality results.

↓ 02

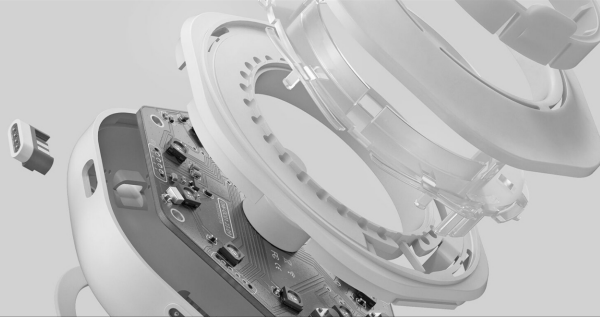
Specialized Talent

We incorporate new skill sets and tools that help your studio stay responsive to changes in the market or business environment.

↓ 03

Scalability

Our teams are ready to go, providing you with an agile workforce able to swiftly adapt to meet new opportunities and challenges.



ABOUT US ↓

We are a collective of designers and creative thinkers obsessed with bringing ideas to life.

We are dedicated to finding innovative solutions through multidisciplinary collaboration.

We are committed to adding value at all stages of development.

WHAT WE DO

↓

We perform a wide range of services including:

03 Design for manufacturing

04 Product visualization

05 Packaging

06 Branding

00 Benchmarking

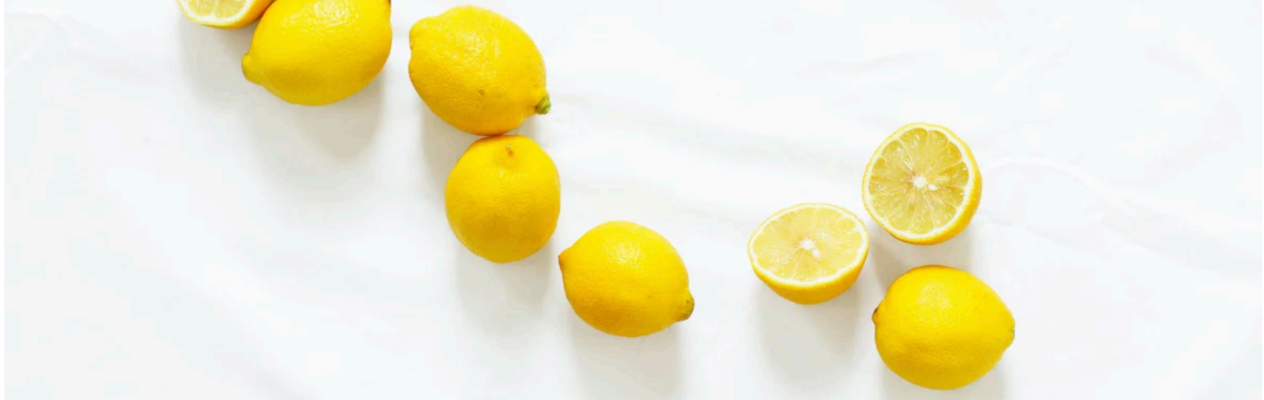
Our team has extensive technical knowledge combined with great soft skills, delivering innovative solutions at every stage of the design journey.



collagen nutrition vitamin C

Can I Take Collagen and Vitamin C Together?

Written by: Jack Levinson | December 5, 2023 | Time to read 7 min



If you've dipped your toe into the world of skincare supplements, it's more than likely you've heard of two of the most important ingredients for anyone's skin health: collagen and vitamin C. Offering many benefits to the body, both of these can already be found in some of the foods we eat, and collagen is in fact naturally produced within the body (more on this later). However, it can be difficult to keep up an appropriate amount of intake from our diets alone. That's why many people choose supplements, which offer healthy doses of these ingredients to keep your skin looking youthful, refreshed, and blemish-free.

So should one choose between collagen and vitamin C for their healthy skin routine? No. On the contrary, the two are especially effective when consumed in combination. This means a simple supplement regimen can go a long way in supporting healthy skin.

In order to harness the advantages of taking vitamin C with collagen, one must first understand how they work together. Read on to learn everything you need to know to develop an easy supplement routine and get the full benefits of each of these star ingredients.

The Roles of Vitamin C and Collagen

Both vitamin C and collagen have powerful roles in the body that are worth understanding in their own right.

Vitamin C is essential to many functions in the body. These include supporting a healthy immune system by protecting cells. Vitamin C is also crucial to

maintaining the integrity of our skin, bones, and cartilage, as well as improving the body's wound healing abilities.

It's possible you already use supplements for the purpose of boosting your immunity, especially during cold and flu season. But its benefits go beyond our internal health, doing wonders for our skin as well. You can add this to the list of reasons why vitamin C is important to our daily diets.

Meanwhile, collagen is a structural protein that is the most abundantly found in the body. Collagen fibers give shape and strength to our skin, joints, bones, cartilage, and connective tissues. Our bodies continuously produce collagen, though naturally collagen formation begins to decline over our twenties. This is why in our thirties and later, our skin begins to show greater signs of aging, such as sagging skin, wrinkles and fine lines, and more. Supplemental collagen is likely to boost your skin health by increasing the collagen content in the body, in turn improving collagen synthesis.



How Vitamin C Helps Collagen Synthesis

Beyond their independent benefits, these two substances work in tandem in the body, compounding and extending their benefits. In particular, this can

offer many fantastic benefits for skin, making it an ideal combination for your daily supplementation regimen.

Collagen Absorption

As noted above, synthesis of collagen occurs naturally within the body, though it occurs at a slower rate once we enter our thirties. This leads many to embrace collagen supplements, which not only provide fresh collagen to the body but stimulate natural production of collagen in the body. This is one of the most useful benefits of collagen supplements.

Hydrolyzed Collagen

However, in order to get the most from supplements, one must be sure to do so in a way that maximizes absorption. One such way is by taking hydrolyzed collagen. It's important to note that hydrolyzed collagen is not limited to marine collagen only; it can be derived from various sources, including bovine, porcine, and chicken, in addition to marine sources. Hydrolyzed collagen involves breaking down the collagen molecule into smaller peptides, which is done through a process called hydrolysis. This process makes the collagen easier to absorb into our bodies than more complex compounds. These smaller peptides, also known as collagen peptides, offer enhanced bioavailability, meaning they are more readily absorbed and utilized by the body. While this type of collagen can be referred to as marine collagen peptides when derived from fish, the term "hydrolyzed collagen" encompasses a broader range of sources. Indeed, studies have confirmed that collagen peptides, regardless of their source, improve skin hydration, elasticity, and density, resulting in restored and revitalized skin.

Benefits of Taking Collagen and Vitamin C Together

While hydrolyzed collagen aids in enhancing the body's absorption of collagen supplements, incorporating vitamin C into your skincare routine takes it a step further. Research indicates that vitamin C plays a critical role in collagen formation, going beyond just improving absorption. It actively enhances the body's natural collagen production. This suggests that an optimal supplementation approach involves combining hydrolyzed collagen with vitamin C, enabling not only better absorption but also superior collagen synthesis for maximum benefits.

Common Sources of Collagen and Vitamin C in Your Diet

As noted above, both collagen and vitamin C can be found in the foods we eat. It's worth noting that few foods contain an amount of either substance comparable to what you would find in supplements. However, it's worth being aware of these foods and incorporating them into your diet.

PRODUCT DESCRIPTION (Web): OHOM – The Uvio Bottle

OHOM

uvio



The World's First Self-Purifying Straw Bottle

The Uvio Water Bottle is a self-sanitizing bottle that uses state of the art UV-C technology to purify your drinking water wherever you go. Simple to use and designed with portability in mind, the Uvio Water Bottle fits effortlessly into an active and productive lifestyle.

Available Soon



Eliminates 99.9% of Bacteria

UV-C light purification is one of the most effective ways to sanitize water without any additives, eliminating 99.9% of bacteria. When activated, the Uvio Water Bottle uses its internal light source to shine ultraviolet light on your drinking water for 1-3 minutes, ridding it of harmful microorganisms with the push of a button.



Eliminates Germs
Up to 99.9%
of bacteria



BPA Free
Non toxic
& chemical free



Deep Purify Mode
Makes your water
even safer to drink



Insulated Bottle
Keeps drink
hot & cold



Durable Battery
More purifying
Less recharge

Available Soon

What is UV-C Purification?

UV-C purification is one of the most effective methods for disinfecting bacteria from the water. UV-C penetrates harmful pathogens in the water and eliminates 99.9% of harmful microorganisms by attacking their DNA without adding chemicals or changing your water's taste.



Purity at Your Fingertips

The Uvio Water Bottle's UV-C purification feature is elegantly built into its lid. With the simple press of a button, the UV light is activated, initiating the purification process. The bottle is equipped with a safety sensor that disables the UV light if the bottle is opened during purification.



Two purifying modes to suit your needs

The Uvio Water Bottle features two cleaning functions: Standard, for fresh water, and Deep Cleaning, for water that has been left sitting for two hours or more. Simply use the bottle's one-touch control button to select your purification setting. Ranging from 60 to 180 seconds, these settings offer thorough sterilization in any context to ensure safe drinking water with no chemicals added.

Stainless-Steel Insulated Bottle

Featuring a dual-walled, vacuum-sealed stainless steel construction, the Uvio Water Bottle keeps drinks at their desired temperature for twice the length of a non-insulated bottle, making it an ideal container for hot and cold beverages alike.

BRAND HISTORY: Joud Coffee



OUR STORY

Joud Coffee was founded in 2015 with a mission to introduce specialty coffee to Abu Dhabi. After opening our first cafe in the Al Bateen district, we have expanded to neighborhoods across the city, with several new locations scheduled to open in the near future. Named for our core values of generosity and kindness toward others, each Joud Coffee location offers a uniquely designed space for our community to gather and

experience our delicious food, pastry and coffee offerings. We are proud to roast our beans in small batches at our roasting facility in Abu Dhabi, sourcing them through ethical and sustainable direct trade partnerships that connect us to coffee growers and traders around the globe.



As Joud Coffee continues to grow, we remain committed to cultivating beautiful, welcoming environments where patrons can enjoy the best coffees from all over the world. We continue to find the best producers of specialty coffee and are pleased to now offer fresh, house-roasted beans for purchase direct to your door. Joud Coffee locations will always be spaces for connection and discovery, inviting our patrons to enjoy exquisite coffee and equally delightful company.

BLOG: DiscoverDataScience.org, "Data Science Trends 2023"



Data Science Trends 2023

The field of data science has been growing in prominence for decades, as technological advancements have changed our present and offered glimpses of what's to come in the future. For those working in the field of big data – or preparing to enter it – it's important to understand the many arenas in which data science is evolving.



Indeed, based on the exponential rate at which technology is currently advancing, each year is likely to bring even more change than the previous. 2023

is likely to be no different, with several pieces of significant data science news that any big data professional should take note of.

This article will survey some of the biggest pieces of data science news headed our way in the year to come.

2023 Trends in Data Science: An Overview of Key Themes

If the 21st century has shown us anything, it's that big data is only going to continue to get... well, bigger. In fact, even the name "big data" makes reference to the ever-expanding nature of information technology that allows for more and more valuable data to be captured and interpreted. Over the last thirty years especially, we've witnessed the way that these insights can transform how entire industries operate, from enhancing marketing research and development to identifying areas for improvement in a company's production model.

But if big data has been trending for so long already, what developments is it likely to undergo in the year to come? Experts have identified a few of the following as key concerns for big data professionals in 2023:

- **Advancing tools.** Developments in [A.I. and machine learning](#) are certain to continue to make leaps in the coming year, which in turn will greatly impact the instruments data scientists have at their disposal to perform their research and analysis. This has already significantly impacted most branches of data science, all of which employ machine learning tools to function. In part, this is because of the next factor on the list...
- **Higher volumes of data.** As a direct result of the advances in A.I. and M.L. listed above, businesses are receiving a significantly larger amount of data of all sorts. Some of this expands upon previously existing datasets while other advances have brought in new forms of data altogether. In both cases, adaptations are required to allow businesses to make use of this data as well as finding safe and affordable ways to store it. As you will see, this will be critical in businesses across industries.
- **Security threats.** For better or worse, these are a perennial trend in the world of data science, with new forms of cyberattack emerging constantly. For those working in the [field of cybersecurity](#), this means strategic planning and rigorous research to identify data breaches as well as preventing new ones. For everyone else working in big data, it means that vigilance is always imperative, as certain types of cyberattacks like

phishing and other forms of data related fraud involve deceptive tactics that could target them.

Read on to discover our list of the specific data science trends of 2023 for insight into where we are and where we're headed.



Data Analytics

Analytics is one of the key fields of data science likely to undergo major transformations in the year ahead. Below are a few of the new data analytics trends to look out for.

Real-Time Analytics

One of the top rising data trends of 2023 is **real-time analytics**. Data capturing tools have improved in speed and scope, meaning we have access to an even greater wealth of real-time information that can illuminate our understanding of all sorts of processes. Companies are only just at the beginning of learning how these data sets can be used to guide important business decisions. If you are a data analyst or work in a related field, it will be of great use to follow any news and updates about real-time analytics that arise over the course of this year.

This article is included in an excerpted form.

BLOG: Hammerton Studio

HAMMERTONSTUDIO

DESIGNERS WE LOVE: XANDER NOORI

There's good reason why luxury homeowner clients call Xander Noori "the real deal." From architectural details to decorative furnishings, the Irvine-based design firm led by Xander Khajavi-Noori and Keon Khahavi-Noori is involved in all aspects of the design process. A refined mid-century sense of style paired with a commitment to bespoke furnishings are at the center of Xander Noori's approach to design, which the team calls 'soft modern.'



A Hammerton Studio Parallel Ring Chandelier featuring Rimelight textured glass reinforces the circular seating arrangement in the living room.

Case in point: this recently completed residential project designed with the architectural firm EBTA Architects. The owners were drawn to a modern aesthetic but ultimately chose

to build in an Orange County neighborhood known for its Italian-influenced architecture. The final design finds middle ground between the two styles, bringing a clean and contemporary sensibility to the interiors while matching the classical formality of neighboring homes.

Perched on a hillside with breathtaking ocean views from every room, the home is a distinctly Californian retreat. The interior design goal was to match this unique atmosphere with an approachable modern design, giving a quality of warmth and casualness to the house's inherent grandeur.

A curated selection of Hammerton Studio lighting throughout the home perfectly echoes Xander Noori's classical-meets-contemporary approach, fusing sleek geometric profiles with luxurious materials.

Photography: Hamid Arabani



A Hammerton Studio LedgeStone linear suspension hangs above the bar, elongating the space while establishing a welcoming area for family and guests to congregate.

Exquisite yet approachable, traditional yet inventive, Xander Noori's work is a beautiful testament to the power of meticulous custom design to create singular architectural experiences.

Speaking about his experiences with Hammerton, Xander says: "Our interiors emphasize original styling, and Hammerton helps us make that happen. We love the architectural design and handmade quality of their lighting, and the fact that we can customize virtually any Hammerton fixture to suit our requirements. They make our job easy!"



A custom Hammerton Studio Axis multiport chandelier commands attention in the multi-story stairwell, creating a dazzling three-story display of light.

ECOMMERCE: Earthbar product description



Availability: 99974 in stock

BRAIN BOOST

\$26.95

Support mental clarity, sharpness, and cognition with Brain Boost.

★★★★★ No reviews



QTY:

1



ADD TO CART

Our Brain Boost harmoniously combines a powerful list of ingredients including gotu kola leaf, ginkgo leaf, hawthorn berry, feverfew leaf, ginger, alfalfa leaf, horsetail herb, and cayenne fruit, each one working to support mental clarity, sharpness, and cognition. Through its ability to increase blood flow to the brain, Brain Boost nourishes your circulatory and nervous systems, in turn benefiting all functions within your body. Athletes, in particular, revel in the stamina-boosting benefits as Brain Boost increases blood oxygen levels during workouts.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

WEB COPY: Earthbar brand history and philosophy



OUR PHILOSOPHY: PROVISIONS WITH A PURPOSE.

At Earthbar®, we strive to provide holistic health solutions from the in-store experience to our online shop, offering vitamins and supplements, fresh grab-and-go meals, cold-pressed juices, healthy snacks, and partner products we can stand behind.

At the core of everything we do is a commitment to your health and well-being, energy and vitality, love of life and love of planet earth.

NUTRITIONAL INNOVATION

You can trust Earthbar® to bring you products that are at the cutting edge of nutritional innovation:

- Earth-sourced and botanically-inspired
- Best-in-class formulations, recipes, and ingredients
- High-quality, certified organic, safe, pure and raw, plant-originated
- Stewardship of earth's precious natural resources
- Nourishment you can trust

BENEFITS YOU CARE ABOUT

Earthbar's commitment to holistic nourishment provides you a unique experience that is:

- Simple to shop — we've done the work for you
- A community vibe
- Attainable wellness-oriented lifestyle
- Information that helps you make the right choices for your wellness goals

